

Happy Birthday !!! 110 years old!

The First Chiropractic Patient Did Not Have Back Pain...

By Dr Annie Guillet DC.

Chiropractic celebrates its 110th birthday this month. On Sept. 18, 1895, Dr. D.D. Palmer of Davenport, Iowa, USA, gave the first chiropractic adjustment.

Dr. Palmer was studying the cause and effect of disease. In Palmer's building, was a janitorial service, owned by Harvey Lillard, who had been deaf for 17 years. Palmer asked how he had become deaf. Lillard replied that one day, when he had strained his back, he heard something "pop" in his back. For over 17 years Mr. Lillard complained of hearing problems.

Palmer examined Lillard's back and found a spinal vertebrae out of position. Reasoning this to be the cause of Lillard's deafness, with an admittedly unrefined chiropractic technique, Dr. Palmer adjusted the vertebra with a gentle thrust. Lillard was excited to hear noises from the street below. After several such treatments, much of Mr. Lillard's hearing was completely restored. Palmer theorized that decreased nerve flow may be the cause of disease, and that misplaced spinal vertebrae may cause pressure on the nerves (**subluxation**). He reasoned, if the spinal column were correctly positioned, the body would be healthy. **Thus the amazing discovery of modern chiropractic.**

"One Hundred Percent of the Diseased Organs can be Traced Back to a Misaligned and Deteriorated Area of the Spine"

In performing more than 200 autopsies, pathologist Dr. Henry Winsor discovered that the organs determined to have failed (and were, therefore, named as the cause of death) actually had something in common. In each and every case, the nerve that supplied the diseased organ was traced back to a misaligned and deteriorated area of the spine. In other words, he showed that the health of the nerve supply to organs determines the health of the organs themselves! **The nerve system is the master system of the body – it controls and regulates every function in your body.** Spinal misalignment can cause an interference within the nerve system (a condition known as subluxation). If left undetected, subluxation can lead to dysfunction.

In 1895, Chiropractic healing grew in popularity over the next fifty years, some say due to the relentlessness of Dr Palmer's son, Bartlett J. Palmer (B.J. Palmer). He owned several radio stations and is credited with the term broadcasting. His first station was WOC (Wonders of chiropractic).

Dr. B.J. Palmer helped build Palmer college in Davenport, Iowa with his father, into one of the largest chiropractic colleges in the United states. He helped build the school to the prominence necessary to have it and chiropractic accepted by the public and legislators.



Chiropractic is now second only to medicine as the largest primary healthcare provider in the western world. Palmer College of Chiropractic in Davenport, Iowa, grew from 24 students in 1906 to 3,100 in 1923. Today, there are more than 23 chiropractic institutions throughout the world. Current enrolment at chiropractic institutions now exceeds 10,000 dedicated students.

One of Dr. Palmer's patients, a minister, took the Greek words for "hand" (cheiros) and "done by" (pracktos) and put them together to spell chiropractic, meaning "done by the hand."

When the body begins to experience abnormal functions like asthma, allergies, chronic pain, fatigue or lowered immunity, we must first be suspicious of some kind of nerve system interruption. The problem is this: You weren't taught to think that way.

If your spine and nervous system stop working, so do you! Until recently, body and organ problems haven't been thought to be "spine" problems.

Today, millions of people around the world, including many right here in Melbourne are making a better choice for their health and are experiencing phenomenal results.

If your body is not well and you dump medication into it, your body is now both sick and poisoned. Reaching for the medicine cabinet is just a bad habit.

The big idea is simple, which is why it's so big! Your brain runs your whole body and communicates its "wellness messages" through the nerve system. If stress interrupts or "traps" nerve supply, your body will experience some kind of shutdown. We have found that, a vast majority of the time, **the nerve system is interrupted as a result of spinal column misalignment.** Through a series of safe, gentle and painless adjustments, the full power of the nerve system is restored, generating extraordinary healing capabilities within the body. **The power that made your body also heals your body – it doesn't happen any other way.**

If you or a loved one is suffering needlessly, you have another choice. You can make the decision that millions of people around the world and many here in Melbourne are making every month. It all begins with a thorough history and consultation, including a complete spinal exam, specific weight-bearing scale reading and x-rays, if necessary-normally \$80. For Chiropractic 110th Birthday, you can **receive this complete evaluation for only \$20.**

Because of the response expected from this incredible opportunity, **we can only guarantee availability for the first 20 people who call and schedule an appointment. Call 9650-8488 today!**

We are located at Suite 38, 12 Collins street, across from the Sofitel Hotel, near parliament train station.

We look forward to helping you back to health!

9650-8488